

CLEVELAND CENTRAL INTERGROUP
OF OVEREATERS ANONYMOUS

TWELVE STEP WORKSHOP

A 15-SESSION ONLINE WORKSHOP DESIGNED TO
HELP PARTICIPANTS ACHIEVE AND MAINTAIN
ABSTINENCE THROUGH WORKING
ALL TWELVE STEPS

JAN 7, 2027 - APR 22, 2027
THURSDAYS @ 6:00 PM - 8:00 PM (ET)

*Please note: The workshop will **not** meet on Thursday March 25th (the Thursday before Easter)*

Registrants commit to attend and fully participate in all sessions.

This is a workshop for 20 attendees.
The workshop will be closed to additional participants after
the Introductory Session on January 7th.

Registration deadline is December 20, 2026.

To register, contact Toni S. - tszmagala@gmail.com
Zoom meeting link provided with confirmation of registration.

Participants will need their own copies of the following OA-approved literature, used in the workshop sessions and homework assignments:

- The Participant Guide for Twelve Step Workshop and Study Guide, **Second Edition**
(Twelve Step Workshop and Study Guide, **Second Edition** can be used - you **DON'T** need both)
- The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition
- Alcoholics Anonymous, Fourth Edition (the Big Book)
- Twelve Steps and Twelve Traditions, by Alcoholics Anonymous
- Overeaters Anonymous, Third Edition
- Voices of Recovery
- For Today

*****all literature can be ordered from the OA World Service Bookstore using this link: <https://bookstore.oa.org>**