

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting Minutes
via Zoom
Sunday, September 18, 2022

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of September were read
- The Standing Rules were read
- Introduction of all members. There were 16 eligible voting members in attendance.

II. Board Reports

i. Chair's Report – Pam P.

Prior to the meeting, Pam provided her written report which stressed the importance of providing service and the value of our Principles in allowing all voices to be heard. To that end, the CCI Board has recommended that the representations participate in an intergroup survey which can be found at the oa.org website. The Board will select pertinent questions from the survey regarding the strength/weakness of our intergroup and what the membership would like to see going forward. The survey will be distributed in October to be completed prior to year-end. Pam reminded the reps of the open positions which will be voted on in November – Board Chair, Treasurer, Delegate. Applications must be returned by the October 16th intergroup meeting. It is important for representatives to attend the November meeting in order that there is a quorum for voting.

ii. Vice Chair's Report – Karen B.

No report as Vice Chair at this time. Karen will present her report as Events Committee Chair.

iii. Secretary's Report – Jo A.

The August Minutes presented with one correction. The Minutes were then approved as amended. Jo reported that she has added six new email addresses to the e-blast.

iv. Treasurer's Report – Gail K.

Gail reviewed the financial reports ending August 31:

- Current checking account balance of \$29,288.86
- Plus prudent reserve of \$4,250
- Income for August = \$970 (which included \$101 from Ohio Day of Sharing)
- August expenses = \$317

v. Delegate's Report – MaryAnn M.

MaryAnn reported that there was no activity with her Region 5 Sponsorship Committee. Her activity on the World Service Literature Committee included work on the new 12 Traditions Workbook.

Delegate Report – Marilyn D not available

III. Old Business

i. Closed/Virtual Meetings

It was reported that the Sunday morning meeting which formerly met at Hillcrest Hospital has attached to the 10:00 a.m. virtual meeting which formerly met at St John West Shore Medical Center. The Board has been in contact with the Hillcrest group and advised that this meeting needs to be removed from the World Service website unless it can meet independently (virtual or face-to-face). The Board has been unsuccessful in reaching a contact person for the 7:00 Monday meeting in Cleveland Heights. This meeting will be removed from both the CCI meeting list and from oa.org effective September 30th should no response be received. CCI must maintain its integrity of having an accurate count of groups in order to have the appropriate number of eligible voters at region and world service business meetings. Currently CCI has 37 associated meetings allowing us to have 3 World Service Delegates and 4 Region 5 Representatives (including Chair). Pam reminded the representatives that if their group is meeting virtually, it must re-register with oa.org as a virtual meeting. Heather agreed to reach out to both groups to confirm their status. It was noted that a meeting at a home is considered a closed meeting and is not associated with CCI.

iii. Business Cards

Pam presented the Board's recommendation of a proposed business card to be provided to doctors and members of the medical community for patient referrals. There was discussion regarding the graphic of the card. Pam offered to continue to search for a generic graphic.

IV. New Business

It was reported that a recent survey had less than 50 responses returned. Pam stressed that the proposed Intergroup Survey which will be distributed will provide valuable information on how we are doing at CCI and what changes members would like to see. It is important for members to respond.

V. Committee Reports

i. Events

Karen reported the Committee has only received 39 responses to the Sponsorship Survey, less than the number of attendees. The Committee is busy working on IDEA Day, November 19, which will be held virtually from 1:00 – 4:00 p.m. A save-the-date flyer is being prepared. The theme for this event is Abstinence – You're Not Alone. Karen will see if literature will be available for sale for this event. The Region 5 Convention, hosted virtually by Chicago, has 300 registrants. Currently there has been no intergroup committed to hosting the 2023 convention. No date has been finalized for next Spring's Pass-it-On Marathon which may or may not be in person.

ii. Super Committee

Shana reported that that Super Committee is prepared for its first Virtual Newcomers Meeting on Monday, October 7 at 7:00 p.m. This meeting has been registered with oa.org and has its own Zoom account, generously provided by CCI. The committee continues to look for members to fill service positions: temporary sponsors, speakers which require 6 months of abstinence and completed the 12 Steps. The committee has not yet identified a social event which it hopes to hold during the first quarter of 2023. It would like to poll the intergroup reps to determine month and type of event to plan. The committee would also like to be a resource for groups in need of literature. Shana suggested that virtual groups which are no longer using their literature advise ccioa@onebox.com and those face-to-face groups that are in need of literature do likewise. The information will be forwarded to this committee which will arrange for distribution.

iii. Bylaws

No activity.

iv. Communications

Pam reported that this committee is very energized and is currently establishing an Instagram account which will mirror the CCI Facebook page.

VI. Announcements/Closing

Prayers are asked for Toni S, Jan W, Ann W, and Laura S.

There being no further business, the meeting adjourned with the 3rd Step Prayer at 4:48 p.m.

The next CCI Meeting is **Sunday, October 16, 2022 at 2:30 p.m.**

Respectfully submitted,
Jo Aslan

As approved 11/20/2022

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible”