

Overeaters Anonymous – Cleveland Central Intergroup (CCI)

CCI Business Meeting

Sunday, September 17, 2023

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of September were read.
- The Standing Rules were read.
- Introduction of all members. There were 17 persons in attendance.

II. Board Reports

- a. **Chair** – Pam reported that the Board approved the 2023-2024 Budget, continues its 2023 Goal work of visiting face-to-face meetings and to increase the fellowships understanding of board roles and responsibilities. A Day in the Life of a Delegate - Marilyn's comprehensive report was included in the packet. The next essay will be on the responsibility of Chair. Pam reminded the reps that voting for open positions (Secretary, Vice Chair and 2 Delegate openings) will be held at the November Annual Meeting. Applications are due to the Secretary by the October 15th CCI meeting. Pam also reported that the Board has been asked to suggest potential themes for the upcoming year and their recommendations will be presented at the October CCI meeting. As Chair of the CCI Media Committee, Pam will provide the Board with a recommendation for a Facebook and Instagram Halloween ad. She is currently working on a script for the Day in the Life of a Group Rep video for the CCI website.
- b. **Vice Chair** - Karen deferred her report to the Committee Reports.
- c. **Secretary** – Jo presented the Minutes of the August 20th meeting. One correction was noted and the Minutes were approved as amended. Jo reported that three addresses were added to the eblast (336), one new group rep welcome packet was mailed and two applications for Board positions were received.
- d. **Treasurer** – Gail presented the financial reports for the period ending August 31, 2023:
- | | |
|--------------------------|-----------------|
| Current balance - | \$24,990 |
| Prudent reserve - | 4,250 |
| August income - | 2,162 |
| August expenses - | 395 |
- e. **Delegate** – Marilyn reported on her work with the World Service Unity with Diversity Committee, and its Diversity in Action Subcommittee, with her goal of starting a young persons meeting near the campus of Kent State University. She noted, too, that there is a need for Spanish speaking sponsors.
- Delegate** -MaryAnn reported on the success of the Region 5 Virtual Convention, which she chaired, to which 110 persons attended. She thanked her committee for their hard work. MaryAnn also serves on the Region 5 Intergroup-to-Intergroup Committee. At World Service she sits on a subcommittee focused on strength through diversity. They are currently preparing a statement to send to all groups.

Delegate – Yvonne reported she is preparing for the Region 5 Fall Assembly, where she is active on the Media Committee, which is seeking stories of recovery for its blog. Her work on the Intergroup-to-Intergroup Committee includes drafting a document of best practices and how to make electronic contributions. At World Service, her Literature subcommittee is asking for articles from those who struggle with mental health issues.

III. **Old Business**

2024 Convention – Marilyn reported that the first meeting to kick-off the planning will be held on September 19 to review the Region 5 Convention Guidelines, which can be viewed at R5oa.org and to set up committees. All are welcome. Marilyn noted that the R5 Board must review and approve everything that the Planning Committee suggests and that everyone throughout the region can be on the Planning Committee, not just those in CCI. The Convention is scheduled at the Independence Holiday Inn on Sept 6-8, 2024.

Open Board Positions – Pam explained that CCI is eligible at the Region 5 level to appoint 1 representative for every 10 meetings within CCI and is eligible at the World Service level to appoint 1 delegate for every 15 meetings. We are currently accepting applications by October 15th.

IV. **New Business**

Cleveland Clinic Obesity Awareness - Shana reported that the Cleveland Clinic is hosting a family fun event at Edgewater Park on September 23 and has invited CCI to set up a table. The Super Committee recommended we distribute business cards, 15 Questions, meeting lists, posters, pens. Following discussion, Karen, Toni, and David agreed to attend the event, with Yvonne as coordinator.

V. **Committee Reports-**

- a. **Events** – Karen reported that there are currently 36 persons pre-registered for the Retreat. Walk-ins are welcome and can donate cash or check. She reminded the representatives to ask their groups for raffle baskets. The agenda will be provided to everyone via e-blast one week prior to the event. Karen also reported that the Committee has agreed to an in-person IDEA Day on November 18 at St Peter's Church in Seven Hills from 1:00 – 4:30 p.m. Planning will begin following the Retreat.
- b. **Super Committee** – A reminder of the Monday night Newcomers meeting which will celebrate its one-year anniversary on October 3rd.
- c. **Ways and Means** – no report at this time. However, it was noted that literature will be sold at the Retreat and the intent is to deplete the inventory.

VI. **Announcements/Closing**

There being no further business, the meeting closed with the OA Promise at 4:03 p.m.

The next CCI Meeting is Sunday, October 15th at 2:30 p.m.

Respectfully submitted
Jo Aslan

Approved as amended 10/15/2023