

Overeaters Anonymous – Cleveland Central Intergroup (CCI)

CCI Business Meeting

Sunday, July 16, 2023

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of July were read.
- The Standing Rules were read.
- Introduction of all members. There were 23 persons in attendance, including 11 representatives who were eligible to vote.
- Approval of Minutes – there was one correction to the Minutes of the meeting on May 21.

II. Committee Reports

Events – Karen reported that the Committee is well underway with planning of the CCI Retreat, September 29-October 1 at the Hampton Inn in Streetsboro. An out of state speaker has been confirmed who has been a member of OA for 35 years, with 11 years of current abstinence. The registration form will be available shortly. Karen reported that the registration fee to attend the Retreat will be on a titrated basis (suggested fee/honor system). Those who pre-register by September 15 will be eligible for a drawing to win a free registration to the 2024 Region 5 Convention. There will be a basket raffle (flyer forthcoming). Literature will also be sold so reps are encouraged to see what their groups need. Hotel reservations must be made directly with the hotel. In other events, Karen said the Committee is discussing IDEA Day [November 18] and whether it will be a virtual or in-person event. A raise of hands showed a small majority of reps favor an in-person event.

Super Committee – Gail reported the virtual Sponsorship Day is Saturday, August 19, from 10:00 a.m. to Noon. The Committee has discussed a Plaster the Poster event for October 1 – 21st and will provide posters at the Retreat.

Ways and Means – no report at this time, although it was previously reported that literature will be available for purchase at the Retreat.

Communications – Pam continues to update the CCI website with current information. She has posted a Day in the Life of the CCI Vice Chair and Treasurer and the committee is discussing producing a video “Why Be a Group Rep?”

III. Old Business

- Continue to address Board Goals** - Members of the Board attended the Cleveland Heights meeting on July 14th. They will discuss whether to continue the remaining months at their August Board meeting.
- Change of CCI Password** - Pam reported that the Zoom password has been changed (12Promises) and will change annually every July in alignment with our fiscal year. She explained that there is a special passcode for those who are calling into the meeting (using phone only – not Zoom).
- Ohio Day of Sharing** - Pam reminded the reps of the Ohio Day of Sharing, Saturday, August 5th in Columbus. CCI is responsible for the basket raffle, so reps are asked to encourage the groups to donate a basket.

- d. **Update Region 5 2024 Convention** – Marilyn reported a skit is being prepared for presentation at the conclusion of the 2023 Convention, inviting members to Cleveland next year. A video of the skit will become available at the CCI and Region 5 websites. A Save-the-Date [Sept 6-8, 2024] flyer has been sent to the Region 5 Board for approval.

IV. New Business

No new business at this time.

V. Board Reports

- a. **Chair** – Pam reported that there will be open positions on the CCI Board as terms conclude at the end of December: Vice Chair; Secretary and Delegate positions will become available for application. Pam reported on the recent Region 5 Summer Assembly conference call. It was reported that Region 4 will be dissolved and several intergroups are also closing due to lack of leadership/participation. CCI is fortunate to be growing. Open positions at Region 5 include Secretary, Vice Chair and Digital Coordinator.
- b. **Vice Chair** – Comments provided in the Events Committee report.
- c. **Secretary** – Jo presented the June Minutes for approval. Hearing no comments the Minutes were approved. Jo added 2 members to the e-blast for a total of 339 and mailed one Welcome New Rep packet for a total of 16 registered group representatives.
- d. **Treasurer** - Gail reviewed the June financial reports.
- Current balance - \$22,212
 - Prudent reserve - \$4,250
 - June income - \$2,798
 - June expenses - \$5,241

Gail explained that the increase in income was due to the Toledo meetings donating their excess funds to CCI. The June expenses include a \$2000 donation to Region 5 and a \$3000 donation to World Service. Committees were reminded to submit their budget requests asap for the 2023-2024 fiscal year, which is effective July 1st.

Delegate – Yvonne shared that her R5 Media Committee is seeking on-line articles. At World Service, she sits on the Mental Health Subcommittee which is producing a flyer for that community,

Delegate – Marilyn also attended the R5 Summer Assembly is Chair of the 2024 Convention. Her report was previously provided. At the World Service level, she sits on the PIPO Committee which is looking at creative ways to reach diverse communities. Marilyn is considering starting a Young Persons meetings near a local college campus.

Delegate – MaryAnn is Chair of the Region 5 2023 Convention, which will be held virtually on September 9th from 9:00 a.m. to 4:00 p.m. EST. The theme is Stepping Into the Promises and will include two breakout rooms.

VI. Announcements/Closing

There being no further business, the meeting was adjourned at 3:59 p.m.

The next CCI Meeting is Sunday, August 20th at 2:30 p.m.

Respectfully submitted
Jo Aslan