

Overeaters Anonymous – Cleveland Central Intergroup (CCI)

CCI Business Meeting

Sunday, June 25, 2023

The meeting opened with the Serenity Prayer at 2:31 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of May were read
- The Standing Rules were read.
- Introduction of all members. There were 25 persons in attendance, including 9 representatives who were eligible to vote.
- Approval of Minutes – there was one correction to the Minutes of the meeting on May 21.

II. Board Reports

Chair – Pam noted that included with the packet was a essay on the Day in the Life of the Treasurer. This will also be posted at the website. Next month the Vice Chair and Secretary will be providing a summary of their activities. These two positions will be coming to the end of their first term at year end. There will also be open delegate positions. A call out for nominations/applications will be in September with elections in November. Pam asked everyone to consider doing service at the Board level.

Pam reminded everyone that the Zoom password will be changed for both CCI accounts effective July 1, 2023 (and annually thereafter) to 12Promises.

At the Region 5 level, Pam participated in the quarterly Intergroup Chairs meeting, where best practices were shared. The R5 Bylaws Committee will be meeting within the next week and the Media Committee is reviewing the R5 website to consider a refresh in 2024. The Committee has agreed not to run a print ad but intends to grow its social media presence.

Pam welcomed the new representatives from the Toledo area meetings who have voted to become associated with the Cleveland Central Intergroup. Sheryl G explained that the groups looked at options and believe that CCI is strong with good direction and they are anxious to be participants. Currently Toledo has 2 phone meetings and 3 hybrid meetings each week.

Vice Chair – will provide her report at the Events Committee.

Secretary – Jo added one address to the e-blast list (current total 331) and mailed one welcome new representative packet since the May meeting.

Treasurer - Gail reviewed the April financial reports.

- Current balance - \$24,465
- Prudent reserve - \$4,250
- April income - \$553
- April expenses - \$500

In response to a question, Gail reported that the \$446 insurance expense is reviewed bi-annually and explained that the coverage is for all registered CCI groups.

Delegate Reports –

Marilyn D – Marilyn's appointment as Chair of the Region 5 2024 Convention has been accepted by the R5 Board. She convened a meeting with all interested to discuss a potential theme for the face-to-face event and the consensus was "Welcome Home – Many Symptoms, One Solution." CCI will need to present a skit introducing this theme at the September 9, 2023

virtual convention. A save-the-date flyer will be forthcoming. The next meeting of the Planning Committee is July 8 at 11:15 via Zoom. Marilyn reported that it is expected that future monthly meetings may be held at the Holiday Inn where the event will take place. It is hoped that hybrid meetings will also be held so that all of Region 5 may be able to participate.

Mary Ann M – Mary Ann was unable to attend the R5 Intergroup-to-Intergroup meeting. Her World Service Unity with Diversity Committee is preparing a letter to send to groups to recap the necessity for inclusion. As Chair of the R5 2023 Convention, Mary Ann reminded the reps of the September 9th event, Stepping Through the Promises.

Yvonne C – Yvonne sits on the World Service Literature Committee, which has approved pieces on diversity as well as mental health and recovery.

III. Committee Reports

- **Events Committee** – Karen reported the Committee continues to work on the September 29 – October 1 event and the registration form is in process. Cost will be a sliding scale. There will be a keynote speaker for the weekend, along with breakout workshops.
- **Super Committee** – David reported that the virtual Sponsorship Day will be held on Saturday, August 19 from 10 – Noon. A flyer is forthcoming. In follow up to the goal of supporting diversity within the CCI area, Linda P will visit the inner city meeting. Plaster the Poster campaign is scheduled for October 1 – 21 and posters will be available at the Retreat.
- **Way and Means** – no report however literature will be sold at the Retreat.
- **Communications** – Pam reminded the reps that this committee is responsible for the website, phone, onebox and social media and all continue to be monitored.

IV. Announcements/Closing

There being no further business, the meeting was adjourned at 4:04 p.m.

The next CCI Meeting is Sunday, July 16 at 2:30 p.m.

Respectfully submitted

Jo Aslan