

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting Minutes
via Zoom
Sunday, March 19, 2023

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read.
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of March were read
- The Standing Rules were read.
- Introduction of all members. There were 22 persons in attendance, including 11 representatives who were eligible to vote.

Pam introduced Leigh Ann M, who recently attended a Zoom security workshop hosted by the Virtual Region. Leigh Ann summarized key points of the event:

- The waiting room should be enabled 15-20 minutes prior to the start of the meeting;
- Intruders have been impersonating known OA members in order to gain access/control of the meeting;
- It was suggested to ask detailed questions (not yes/no answers) to each person in the waiting room before letting them into the meeting in order to authenticate their identity;
- Do not report intrusion to Zoom – it will cause the account to be suspended;
- Do not remove intruder but instead put back into the waiting room.

II. Board Reports

Chair – In addition to her written report, Pam summarized her activity of the past month:

- Region 5 Assembly (report also included in the packet): She will participate in a Chat with the Chairs meeting later this afternoon;
- CCI Board – Identified its goals and each officer will provide three items from the CCI survey to respond to;
- Board members will be attending one meeting per month to help support face-to-face meetings;
- Board discussed the suggestion regarding returning intergroup to an in-person meeting and has decided to continue on Zoom as attendance/participation has greatly increased over the past three years;
- Pam is unable to attend the WSBC in April;
- Pam reported that Region 5 has asked CCI to consider hosting the 2024 Convention. This will be the first in-person convention for the Region since 2019. There was much discussion and the majority of representatives were in support of bringing the convention back to Cleveland. A number of representatives volunteered to brainstorm with Pam on how to proceed. Pam will report to R5 that CCI will bid on the event. A hotel and convention chair will need to be secured. Jo A will provide the current Convention Guidelines for representatives prior to the next meeting.
- Media Committee – discussing the creation/publication of a press release to the minority population
- Business cards – Pam reported that a member received a very positive response from her health care provider upon receiving the brochure and business cards to provide to clients.

Vice Chair – Karen will present with the Events Committee Report.

Secretary – Minutes for January 15 and February 19 were approved as presented. Jo reported that 10 new addresses were added to the eblast for a total of 318 members.

Treasurer – Gail summarized the financial report:

- Current checking account balance - \$26,649.90
- Prudent reserve - \$4,250
- Income for month ending February 28, 2023 - \$1,275.40
- February expenses - \$1,122.73

Delegate Reports – [written Assembly reports included with the packet]

Marilyn presented highlights of the Region 5 Assembly:

- Member of the R5 PI/PO Subcommittee. Planning a “Plaster the Poster” campaign with a focus on colleges, rec centers; medical practices. Would like to reach out to men, youth. [Pam will post a sample “elevator speech” on the CCI website to help start a conversation]

Mary Ann reported that she was assigned to the Region 5 Intergroup-to-Intergroup Subcommittee. Its purpose is to help strengthen struggling intergroups.

Yvonne – Attended her first Assembly. It was a great experience.

III. Old Business

Zoom Password – Several reps discussed a potential change of the CCI Zoom password with their groups. It appears that the consensus is split on whether or not to change, particularly since the password will be posted at the website. Having appropriate security measures in place is of primary importance.

Literature – will not be sold at the Sunday Funday and it was agreed that discontinued literature will be donated or discarded. Virtual groups are reminded to advise ccioa@onebox if they have current unused literature that can be useful to a face-to-face meeting.

IV. Committee Reports

- **Events Committee** – Karen reported that the February 26th Unity Day was very successful. The Committee recently met to begin discussions for the in-person Pass-it-On Marathon, September 29 - October 1 at the Hampton Inn in Streetsboro. Committee 2023 goal: Implement a successful face-to-face Pass-it-On Marathon in 2023.
- **Super Committee** – In the absence of Shana, Gail reminded the group that the Sunday Funday is scheduled on March 26. The Committee will begin planning the August 26 Sponsorship Event, which will be virtual. The Committee identified its 2023 goals:
 - a. Sponsorship Day
 - b. BIPOC Outreach
 - c. Support Newcomers
 - d. Twelve Step Within Outreach
 - e. Poster party

V. Announcements/Closing

The Monday night Stow meeting will be returning to face-to-face. There being no further business, the meeting was adjourned at 4:15 p.m.

The next CCI Meeting is Sunday, April 16, 2023 at 2:30 p.m.

Respectfully submitted
Jo Aslan

Approved 4/16/2023