

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting Minutes
via Zoom
Sunday, February 19, 2023

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read.
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of December were read
- Introduction of all members. There were 27 persons in attendance, including 10 visitors.

II. Reading of the Standing Rules – The Standing Rules were read.

III. Old Business

- i. **Zoom Training** – Pam reported that there will be another Zoom training provided, with an emphasis on security protocols. A flyer announcing the training schedule is forthcoming. She noted that this training will also be recorded and provided on-line.
- ii. **Business Cards** – A letter to healthcare providers has been approved by the board and was included with the packet to the membership. Business cards/brochures are available to be mailed to anyone who requests them. It was suggested that the QR code be added to a future printing of the business cards.

IV. New Business

- i. **WSBC Questionnaire** – The 19-page annual questionnaire had been provided to the membership on two occasions for review prior to the meeting. The purpose of the questionnaire was for the CCI Intergroup to determine whether the proposed issue should be included on the WSBC agenda at the April conference for consideration by the delegates. Pam identified 13 of the proposals as housekeeping items. The group agreed that items A, B, E, I, L, M, N, R, S, 1, 6, 10, 11, 12, 13, 14, 15, 16, 17, and 18 should be discussed by the delegates.
- ii. **Board Goals** – Pam reported at the February meeting the Board identified three goals for 2023:
 - a. Address the CCI survey results as best we can
 - b. Develop a plan to increase support for face-to-face meetings
 - c. Increase the fellowship's understanding of the Board's roles and responsibilitiesIt is intended that these goals will also address any questions which arose at the January meeting and from the intergroup survey.
- iii. **Committee Goals** – Committees were reminded to develop their 2023 goals and submit via one-box to be posted on the website.
- iv. **Zoom Password** – It was noted that our meeting Zoom account has maintained the same password for three years. Standard business practice is to update passwords frequently. The Board is recommending that our meeting Zoom password be changed as a deterrent to the increased number of bombers recently. It was agreed that ample warning be provided to the groups prior to implementing a change.

V. Board Reports

Due to the amount of time given to review of the Questionnaire, no board reports were provided at the meeting. Pam noted that her report is available in the packet, along with the

January Minutes and January financial reports. Any questions/editions can be sent to one-box.

VI. Committee Reports

- i. **Events Committee** – Karen reminded the group that Unity Day is Sunday, February 26 at 11:15 a.m.
- ii. **Super Committee** – Shana reminded that the Super Committee is hosting a Sunday Funday event on March 26 at 2:30 at St. Peter’s Church in Seven Hills. She also asked the members for support of the Monday evening Newcomers Group.

Announcements/Closing

There being no further business, the meeting was adjourned at 4:21 p.m.

The next CCI Meeting is Sunday, March 19, 2023 at 2:30 p.m.

Respectfully submitted
Jo Aslan

Approved 3/19/2023