

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting
Sunday, December 17, 2023

The meeting opened with the Serenity Prayer at 2:31 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of December were read.
- The Standing Rules were read.
- Introduction of all members. There were 23 persons in attendance, including 7 guests. All incoming Board members were present.

II. Old Business

i. Group Rep Term Expirations

Pam noted that there were several representatives whose term would be expiring at year-end and asked all those who would be reappointed to identify as such. She expressed gratitude to all representatives for a fantastic year with many accomplishments.

III. New Business

i. 2024 Theme – Journey Into Recovery

Pam noted that the members approved the graphic which will accompany the new theme and it will be posted at the CCI website. She encouraged representatives to use the logo when creating flyers and planning activities throughout the year.

IV. Board Reports

- a. Chair –** In addition to her written report, Pam summarized activities since the last meeting. As previously reported, CCI agreed to donate an additional \$7,500 to World Service. The Board will continue to review its financial status to determine how to continue to support WSO. Pam explained that this second donation was sent to the WSO General Fund to be utilized as needed. It was learned that many donations to WSO were designated to specific focus areas, which has left a deficit in the general operating fund. In other activities, Pam reported that the Board concluded face-to-face visits on December 12. She noted that these monthly visits were uplifting to those who attended. The incoming board will be establishing 2024 goals to be discussed at their January meeting. At its December 4th meeting, the question arose regarding a Welcome Packet for new board members and it was determined that this will be explored at the next meeting. Pam reported that CCI received a large donation of literature from a meeting. Karen has inventoried it to determine what is current. It was mentioned that there is consideration of a new meeting starting in Akron that could be in need of literature. World Service has indicated that discontinued literature cannot be sold or distributed. CCI, as a whole, must decide what its role is with regard to literature, as we currently have a backlog of discontinued materials in our inventory, which results in a loss of revenue. The responsibility for CCI to continue to provide literature is an investment of time, money, and effort. Can/should we encourage groups to order directly from oa.org. This issue will need further discussion. In other activity, Pam reported that her Region 5 Intergroup-to-Intergroup Committee is reviewing the idea of a welcome packet for new region representatives. At the local level, the CCI Communications Committee has developed a video on Why Be a Group Rep

which will be uploaded to the CCI website following final editing. In response to a question, the representatives agreed that they would like to see the 2024 Convention kick-off video presented at the January meeting. All OA members are invited to attend. Pam also mentioned that World Service has created a new PSA which is available to anyone at oa.org. In response to a question regarding the CCI facebook page, Pam stated she will provide outcome statistics of our Halloween ad at the January meeting. Marilyn V reported that she is aware of a potential social media grant from Google for non-profit organizations.

- b. **Vice Chair** - Karen confirmed that she inventoried the donated literature and that the Board, will continue to discuss the issue. She also noted there were many old Lifeline magazines which would make for a good lending library to any interested groups. Karen reported that the Events Committee has finalized planning for the annual New Year's Day Marathon which will be virtual beginning at 9:00 a.m. with 6 leads through 3:00 p.m. She also stated that initial planning has begun for the February 24th Unity Day virtual event. Karen expressed her gratitude to CCI for her two-year term as Vice Chair.
- c. **Secretary** – Jo stated that she mailed one newcomer packet to a new group rep. [Jo also mailed three welcome packets to new board members who had not previously received them as a group rep.] No names were added to the eblast, which stands at 340 addresses. Jo thanked the representatives for the pleasure of her two-year term of service.
- d. **Treasurer** – Gail presented the November financial reports:

Checking account balance -	\$18,360
Prudent reserve	4,250
November income	1,182
November expense	8,786
- e. **Delegate** – In addition to her written report which was included in the November packet, Yvonne reported on activity at the Region 5 Fall Assembly. She noted that WSO is soliciting stories for a new volume of the Abstinence book. Deadline for submission is 12/31/2023. Her Literature Mental Health Subcommittee has completed gathering stories for a new book. The committee will now peruse the submissions to determine what it will use. At the Region 5 level, Yvonne chairs the Media Committee which is also looking for articles for its website. In response to a question, Pam confirmed that Region 4 will be dissolved and some of those intergroups will be absorbed by Region 5, but no timeline has been confirmed.

Delegate – MaryAnn M could not be present for the meeting but expressed her gratitude to CCI for the opportunity to have served as a delegate.

Delegate – Marilyn indicated she will meet one final time with her WSO Unity with Diversity Committee prior to her term ending on 12/31/2023. She also reported on activity at the Region 5 Fall Assembly, where the intergroups were asked to review their bylaws to ensure they were in alignment with World Service.

V. Committee Reports

- a. **Convention** – As Chair of the 2024 Region 5 Convention, Marilyn reported the next meeting of the Planning Committee is December 19 at 7:00 p.m. She noted that the registration form is nearly complete and that the Finance Committee has merged with the Registration Committee. The Decorations Committee has been very engaged and have submitted a prototype to her. Marilyn stated that the issue of selling literature at the convention is still an open question, yet to be resolved.
- b. **Super Committee** – Shana reported that the Plaster the Poster campaign has concluded but members can continue to put posters in areas that may be underserved by OA in order to carry

the message. The Twelve Step Within Committee introduced its one-year program to focus on the Step Principles on the 12th of each month. More information will be provided. The Super Committee has begun to outline its goals for 2024. It was noted that Marilyn has passed the responsibility of updating the meeting list to another member of the Super Committee.

c. **Ways & Means** – no report given

VI. Announcements/Closing

Pam again thanked the representatives for all their efforts during 2023 and looks forward to working with the new board members in the coming year. The meeting adjourned with the OA Promise at 3:54 p.m

The next CCI Meeting is Sunday, January 21, 2024 at 2:30 p.m.

Respectfully submitted
Jo Aslan

Approved 1/21/2024