

CCI Meeting Minutes
December 15, 2024
2:30 PM – 4:00 PM

Opening

[2:30 PM – 2:53 PM]

- Serenity Prayer
- CCI Purpose Statement
- OA Pledge
- Reading of Step/Tradition/Concept (12)
- Reading of Standing Rules
- Introduction of attendees. Attendees were asked to indicate if the meeting they represent was growing, declining, or holding steady, as well as if it's in person or virtual. The meetings' statuses are below (no all meetings reported a status):
 - Tuesday 9:30 am Toledo hybrid meeting: Holding steady
 - Monday morning 9:30 am Parma Heights in person: Holding steady
 - Monday night newcomer 7pm virtual meeting: Could use support and service
 - Monday night 7:30pm Strongsville in-person meeting: Could use support
 - Saturday 10:00 am Olmsted Falls Big Book study meeting virtual: Holding Steady
 - Saturday 3:30 pm Toledo telephone meeting: Holding Steady
 - Thursday evening 7:30pm Bainbridge meeting that could use support
 - Thursday 9:45 am Elyria Step Study meeting on zoom: Holding steady
 - Monday 10:15 am Toledo hybrid meeting: Holding steady
 - Sunday 5:30pm Men's meeting: Holding steady
 - Saturday afternoon 3:00 pm Pepper Pike virtual: Holding steady
 - Wednesday 7:00 pm Cleveland Heights zoom meeting: Holding steady
 - Sunday 10:00 am Westlake speaker virtual meeting: Holding steady
 - Wednesday 10:00 am North Olmsted John Knox in person meeting: Slowly growing
 - Monday 12:00 pm Zoom meditation meeting: Slowly growing
 - Monday 7:30pm Chesterland virtual meeting: Holding steady
 - Friday 11:00 am Toledo Big book meeting hybrid: Holding Steady
 - Friday 5:30 pm Findlay phone meeting: Holding steady but small and could use support.
 - Friday 7:30 pm Seven Hills meeting in person: Holding steady

Business

[2:53 PM – 3:34 PM]

Update from Pam

- This was Pam's last CCI meeting and she thanked everyone for their service.

- Leigh Ann passed on the entire board's appreciation for Pam, Yvonne, and Gail's service. A token gift including a 12-step coloring book and a gift card were given in appreciation to their service.

Billboard Update / Next Steps by Yvonne

- Introduced the possibility of doing posters instead of bigger billboard. Posters are usually put in more residential neighborhoods. 10 ft x 22 ft. Posters are \$625 per poster and can only be used once for four weeks.
- This could help spread the message to BIPOC communities.
- Board will need to decide whether to reuse the existing vinyl for another billboard or the poster concept. This may be helpful for the future since the poster concept will be a smaller investment.
- Pam did report that the website did show more activity during the time that the billboard was up but more detailed statistics are needed.
- The intent is to trust that our higher power will make sure those who need to see it will see the message.
- Discussion was about how far west the posters/billboards could go.
- Super Committee asked for additional volunteers to join the committee and provide additional feedback on the billboards. Meetings are virtual on the second Tuesday of each month at 7pm.

Chair Voting led by Pam

- Marilyn D. submitted a resume for Chair person. Marilyn gave an introduction to herself.
- Reps voted and Marilyn D was elected unanimously as the new chair person for the Cleveland Central Intergroup of Overeaters Anonymous.

Secretary Position Update

- Secretary position has been open a year.
- The board has decided to appoint Dennis G for the unfulfilled year left in the term.
- Dennis G meets the abstinence requirement, and he has accepted the appointment.
- Treasurer is still open. Everyone was encouraged to consider it and Gail is serving through January and is open to assisting someone with any questions.

Committee Reports

[3:35 PM – 3:58 PM]

Events Committee Report by Leigh Ann

- IDEA Day was on Saturday, November 16th. In person event on the west side and it was very successful with around 37 attendees.
- Planning is being finalized for the New Years Day marathon on January 1st from 9am concluding at 3pm. Lead every hour on the hour. Last lead will start at 2pm.

- Unity Day event planning is underway for Sunday, February 23rd. It will be an in-person event with a fellowship lunch as part of the event from 10am-2:30pm. Location is TBD.
- Monthly meeting is first Thursday of the month at 2pm. January will be second Tuesday (January 9th) of the month at 2pm.
- Survey forthcoming to gather feedback on how interested people are in a weekend-long retreat at a retreat center. Or if a retreat at a hotel would be more in-line with members expectations.

Super Committee Report by David

- Principle of the tradition starts in 2025. Flyer is forthcoming.
- Still discussing approaching students at three different local universities. Focusing on John Carroll University, Cleveland State University, and Case Western Reserve University. The committee is drafting a letter with meeting resources to share with the counseling services unit of these universities for the CCI board to review.
 - Goal is to connect students to the local meetings close to their campuses.
 - Discussion over whether discontinued literature/pamphlets could be distributed to university counselors, but it was reiterated that discontinued literature should be discarded and cannot be distributed per World Service.
- Newcomer meeting (originally created by the Super Committee) needs additional support and service.
- Next meeting is January 14th at 7pm on the same Zoom information as the CCI meeting.

Communications Committee Report by Pam

- Looking at a new theme for the webpage.
- There was a request to review the contact information on meeting list.

Board Reports

[3:58 PM – 4:04 PM]

Chair Report by Pam

- Covered in the Business Section

Vice Chair Report by Leigh Ann

- Covered in the Events Committee discussion

Secretary Report

- Minutes are approved

Treasurer Report by Gail

- \$6,406 revenue in November.
- Current balance is \$23,790.07

- Current Balance with Reserves: \$28,040.07

Delegate Report by Allen:

- World Service sent a survey to all Region chairs to address the affirmation of trustee process.

Delegate Report by Beverly

- 12 on 12 workshop from World Service had close to 130 people from around the world. The overall event had almost 1,000 attendees of the 24-hour meetings. It was very successful.
- There's been a challenge getting into prisons to spread the message. Kris has been calling prison staff about how to distribute the old literature.

Delegate Report by Yvonne

- Will continue as Chair of the Region 5 Media committee until a new chair is voted on in the spring.
- Region media committee is looking to update links on the Region 5 webpage to keep it current.
- Also involved in the Region 5 communications and connectivity committee and they are also trying to reach universities as well to spread the message to more young people.

Closing

- OA Promise