

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting Minutes
via Zoom
Sunday, October 16, 2022

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of October were read
- The Standing Rules were read
- Introduction of all members. There were 9 eligible voting members in attendance.

II. Board Reports

i. Chair's Report – Pam P.

Pam summarized her written report which had been provided prior to the meeting. She noted that the CCI Committee were making strides accomplishing the goals set earlier in the year. At her Region 5 Intergroup-to-intergroup Committee, she is active in developing bullet points that all R5 intergroups are doing which will be posted at the Region 5 website so that other intergroups can know what is happening at the other intergroups, i.e., insurance, etc. At World Service. Her PIPO Committee is reaching out to colleges and nursing students in hopes to have Overeaters Anonymous added to the curriculum. Pam reported that the CCI Board will be recommending its final decision on the proposed CCI business card at today's meeting and will be proposing an end-of-year survey which will be e-blasted to the entire membership.

ii. Vice Chair's Report – Karen B.

Karen will present her report as Events Committee Chair.

iii. Secretary's Report – Jo A.

The September Minutes were omitted in the package and not available for approval. They will be presented in November. Jo reported that she has added one new email addresses and deleted one from the e-blast.

iv. Treasurer's Report – Gail K.

Gail reviewed the financial reports ending September 30:

- Current checking account balance of \$26,980.44
- Plus prudent reserve of \$4,250
- Income for September = \$934.21
- September expenses = \$242.50

v. Delegate's Report – Marilyn D

Marilyn reported that her Region 5 Sponsorship Committee did not meet again this past month. The R5 Bylaws Committee has 1 proposal to present at the Fall Assembly. Her work at the World Service Unity with Diversity Committee continues to focus on language as to who may be permitted to speak at the WSBC. With regard to the CCI meeting list, there was a question whether two meetings should be removed as they have been "temporarily closed" for more than two years. One Sunday meeting has combined with another Sunday meeting so it was agreed that one should be removed and if it decides to reopen at another site it will re-register with oa.org. Another meeting has been held in a private residence which makes it a closed meeting and should be removed from the list. Marilyn reminded the reps that all groups should make meeting changes directly to oa.org and to CCI at ccioa@onebox.com. Linda P. will get a list of CCI registered meetings from the World Service Office.

Delegate Report – Mary Ann M

Mary Ann reported that the Region 5 Sponsorship Committee is scheduled to meet in the following week. At the World Service Literature Committee, she continued to work on the 12 Traditions Workbook. Mary Ann reported that the Committee has reported there are no deficiencies with the revised Voices of Recovery Book and all may continue to order.

III. Old Business

i. Business Cards

Pam presented the Board's final recommendation of a proposed business card which members can provide to the medical community to hand out to patients/clients to spread the message. There continues to be a lack of information regarding the existence of Overeaters Anonymous. CCI will purchase 500 cards for \$41 and will provide the membership with a supply for distribution. Following discussion regarding the two samples, it was agreed that 250 of each will be purchased and distribution arrangements will be made at the next CCI meeting. Pam also reminded the reps that newcomers might be asked where they heard about OA (website; Facebook; business card?)

ii. Elections

Pam reminded the reps that elections for officers will be held at the November 20th meeting and a quorum is necessary. There are three open positions: Chair, Treasurer, and Delegate. It was noted that the resume for the treasurer candidate was omitted in the packet and will be included with the November materials.

IV. New Business

i. Intergroup Survey

The survey will be e-blasted to the membership prior to the November 20th CCI meeting.

V. Committee Reports

i. Events

Karen reminded everyone that IDEA Day is Saturday, November 19 from 1:00 – 4:00 p.m. Literature will be for sale – a flyer and available literature list will be sent out prior to the event. Karen reported that an international speaker will be on the agenda. Planning for the New Year's Day marathon is underway which will have 5-6 speakers and information on the annual Thanksgiving Day Gratitude meeting is available on the website.

ii. Super Committee

In the absence of Shana, David G reported that the new Newcomers Meetings met twice and has been positively received. Service positions are filled through December. The Committee discussed proposed social events for early 2023: dance; game night; bowling; Karaoke. Doing a quick survey among the group reps, a Game Night received the most votes. The reps were polled for the most popular month to host this activity and March was chosen. David also reported that the TSW Committee would like to help financially struggling groups in need of literature and encouraged reps to spread the message that virtual groups can donate their literature by contacting ccioa@onebox.com and those face-to-face groups that are in need of literature do likewise. The TSW Committee will coordinate distribution of available literature.

iv. Communications

Pam reported that the committee is keeping the queue updated and Gwenn has volunteered to provide a new question each week on our Facebook page. Kristen D and Linda J are administering the newly launched Instagram account.

v. Ways and Means

Ann reported that she and Marilyn D will be sharing responsibilities for this committee.

VI. Announcements/Closing

Prayers are asked for Laura S and Kristen D.

There being no further business, the meeting adjourned with the Serenity Prayer at 3:42 p.m.

The next CCI Meeting is **Sunday, November 20, 2022 at 2:30 p.m.**

Respectfully submitted,
Jo Aslan

As Approved 11/20/2022

“Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible”