

Overeaters Anonymous – Cleveland Central Intergroup (CCI)

CCI Business Meeting

Sunday, October 15, 2023

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of October were read.
- The Standing Rules were read.
- Introduction of all members. There were 17 persons in attendance, including 9 representatives and one guest.

II. Board Reports

- a. **Chair** – Pam reported that the month of September was very busy, concluding with a great Retreat. She noted that several members also attended an event at Edgewater hosted by the Cleveland Clinic to address bariatric surgery and obesity. Pam encouraged representatives to advise the PI/PO Supercommittee of any health fair information. CCI has a very professional table display and can provide literature and information at these events. Pam reported that she has become aware that the World Service Office has been operating in the red for over a year. It is presumed that the increase of virtual meetings has impacted 7th tradition donations. The CCI Board, at its meeting on October 2nd, had a lengthy discussion to consider sending a 2nd donation this year [\$3,000 was sent in July]. Further discussion will be held at the November Board meeting, with a recommendation made to the intergroup following. Pam noted that the number of meetings in the Cleveland Central Intergroup has decreased and CCI is eligible to send three delegates to the WSBC. Applications for open positions were included in the packet and voting will occur at the November meeting. A quorum is necessary. She reported that CCI is very fortunate in its support, both physically and financially, as many intergroups are struggling, with expectation that Region 4 will be dissolved and those intergroups absorbed by outlying regions. In other activity, the Board reviewed proposed themes for 2024-25 and recommended two for the intergroup to consider:

1. Journey into Recovery

2. I Put My Hand in Yours

In a closed vote, representatives chose Journey Into Recovery for the new theme. Pam will create a flyer asking the membership to create a logo to go with this new theme.

At the Region 5 level, Pam chairs the Bylaws Committee which has two proposals to submit to the Fall Assembly. Following that, Pam will resign from the committee and focus on her responsibilities as Vice Chair of the Region 5 Convention Committee for 2024. Pam also chairs the CCI Communications Committee which is reviewing the website for a refresh and created a Facebook ad for Halloween. Pam suggested each member ask newcomers how they heard about OA/our meetings to better determine the success of these social media activities.

- b. **Vice Chair** - As Chair of the Events Committee, Karen reported on the success of the Retreat, to which 80 persons were in attendance. She noted this is a primary fundraising event for CCI and more than \$2600 was raised. The Events Committee has turned its attention to IDEA Day, which will be in person on November 18 in Seven Hills. This, too, will be a 7th tradition donation and the theme will be How Do I Add More Together to the Solution. Karen asked that her phone number be updated on the Agenda.

- c. **Secretary** – Jo presented the Minutes of the September 17th meeting. There were three corrections and the Minutes were approved as amended. She reported that three addresses were to the eblast which is now at 340.
- d. **Treasurer** – Gail presented the financial reports for the period ending August 31, 2023:
- | | |
|-----------------------------|-----------------|
| Current balance - | \$24,990 |
| Prudent reserve - | 4,250 |
| September income - | 1,116 |
| September expenses - | 1,116 |
- e. **Delegate** – Yvonne reported she sits on the Region 5 Intergroup-to-Intergroup Subcommittee and will be attending the Assembly on October 28 in Indiana to discuss best practices for electronic donations. The subcommittee is also considering sending welcome folders to new regions, similar to those CCI sends to new representatives. At the World Service level, Yvonne sits on the Literature Committee's Mental Health Subcommittee which is soliciting articles for a new brochure on balancing recovery from compulsive eating while dealing with mental health issues.
- Delegate** – Marilyn sits on the newly named Unity Through Diversity Committee at World Service. She serves on its Unity in Action Subcommittee and is reviewing venues to start a young persons meeting in the Kent/Streetsboro area. As Chair of the Region 5 2024 Convention, Marilyn noted that the Planning Committee will meet, via Zoom, on the 3rd Tuesday at 7:00 p.m., with the next meeting scheduled for October 17th.
- Delegate** -MaryAnn was travelling and could not attend the meeting.

III. **Committee Reports-**

- a. **Super Committee** – The Super Committee is hosting a Plaster the Poster campaign which has been extended to November 18th. Posters can be downloaded. The goal of this campaign is focused on diversity – attracting young persons and other cultures so members are encouraged to hang a poster at gymnasiums, rec centers, campuses, diverse neighborhoods. The Committee will be discussing the Twelfth Step Within Event at its next meeting and is considering a social event in the Spring.
- b. **Ways and Means** – no report at this time. Marilyn will determine at the Assembly if it is expected that literature be sold at the Convention. The CCI Board has previously agreed not to purchase additional literature and for members/groups to purchase from WSO directly.

IV. **Announcements/Closing**

There being no further business, the meeting closed at 3:50 p.m.

The next CCI Meeting is Sunday, November 19th at 2:30 p.m.

Respectfully submitted
Jo Aslan