

## Juliette Here!

**Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.**

**Serve and represent the groups.  
May, 2017**

Dear CCI,

We pause from my progress on the Unity Train to bring you.....

### ***The Highlights of the 2017 WSBC***

It was a VERY busy conference and we did not get to every motion. There were 180 plus delegates and 20 countries represented such as Iceland, Sweden, Australia & Brazil to name a few. It was a contentious business conference with motions presented that were controversial such as reviewing substantial unanimity and the use of Robert's Rules. It did not pass. It was very close. Another sign that it needed reviewing? We never got to the motion to meet every other year. OA members care deeply about the preservation and care of this 12 Step program and thus do not take the importance of our decisions lightly. That results in lots of questions and passion and argument.

***Growing OA Unity Worldwide*** was the theme of the conference this year and we spent much time on the issues of translation. All motions directly dealing with translation i.e. the establishment of a language service board and special translation fund were passed. You can now delegate contributions to go directly for translations. Can you imagine trying to recover with a language barrier?

***Sponsorship Day.*** Like Unity Day, IDEA Day, and Twelfth Step-Within Day, the delegates voted to implement a yearly Sponsorship Day. It will be held annually on the 3rd Saturday in August in order to promote and encourage sponsorship.

***OA 12 & 12:*** After 3 1/2 years of a specially appointed ad hoc literature committee, the OA 12 & 12 was revised and the WSBC passed the new edition. Should be available early 2018. Personally, I think the changes are terrific. The new 12 Step workbook will also be revised to coincide with the new pages/cuts/editions in the revised 12 & 12.

***Elections:*** Two new region trustees and three new general service trustees were elected.

***Maintaining a Healthy Body Weight*** pamphlet revision was approved by the delegates. This was a moment for me during the conference as I had worked on this committee in the first year of its revision process and felt so grateful that our work which I thought was pretty tremendous was validated by the World Service Body. I did not expect this tidal wave of feelings. I had to leave the room!

***Mindfulness*** as a 10th tool did not pass. The Con contingency was strong. Though I agree with the presenter of the motion who likes uniformity (me too!) and spoke in favor of 12 Tools like 12 Steps/Traditions/Concepts, it should happen organically and logically.

I mentored two new attendees (called Green Dots) and met with them throughout conference. I re-upped to be on the Conference Approved Literature Committee and will continue to work on the new Body Image/Sexuality and Relationships publication. I spoke con to a proposal for a new Concepts pocket guide, asked questions at the center mic for clarity during motions, and participated in the Literature Q&A. And last but not least I attended 5 recovery meetings.

***The highlight of the conference for me was the Region Trustees Forum.*** In the past they have been much lighter fare. Almost playful and silly! This year, in an effort to strengthen unity because there is controversy among us that does tear at the fabric of our fellowship, we sat at tables while 4 different members working different programs (HOW, 90 Days, V4U) or had different backgrounds (LGBT, Anorexia/Bulimia) circulated and told their stories. Remember everyone there has at least 1 year of uninterrupted abstinence. We instantly discovered our likenesses. This was a beautiful experience. I am most curious how we might implement it here. Perhaps it could be a future Pass-it-On or retreat? I cannot describe how amazing it was.

We are all the same. The thinking kills us. Our belief systems tell us lies. What works in my life time and time again is one compulsive overeater sharing their experience, strength and hope with another compulsive overeater. And I experience a psychic shift, a spiritual awakening, the God of my understanding. And I do not eat. I recover.

Thank you for allowing me to serve CCI at World Service Business Conference yet again. (Even if my arrival was delayed again for the 3rd year in a row. Now it's just silly.) And for supporting Jo A. to come with me. She was a great roommate!

Juliette  
CCI Chair