

St. John's Lutheran Church
1140 W River Rd, N, Elyria
9:45, Thursday Mornings
Writing Meeting
Weekly Program Literature



Weeks

1. Overeaters Anonymous Twelve Steps and Traditions
2. Twelve Step Workbook of Overeaters Anonymous
3. For Today and or Voices of Recovery
4. Overeaters Anonymous Twelve Steps and Traditions
5. Speaker on the Step of the month, if we can get a lead. Otherwise it is chair person's choice.

When have a newcomer, we go over Step One, for the newcomer's benefit.