

St. John's Lutheran Church  
1140 W River Rd, N, Elyria  
9:45, Thursday Mornings  
Writing Meeting  
Weekly Program Literature



### Weeks

1. Overeaters Anonymous Twelve Steps and Traditions
2. Twelve Step Workbook of Overeaters Anonymous
3. For Today and or Voices of Recovery
4. Overeaters Anonymous Twelve Steps and Traditions
5. Speaker on the Step of the month, if we can get a lead. Otherwise it is chair person's choice.

When have a newcomer, we go over Step One, for the newcomer's benefit.