##  Juliette Here!

**Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.**

 **Serve and represent the groups.**

 **August, 2017**

Dear CCI,

**Unity Train Board Progress:**

 **Board Activity:** Jo, Kelly, Marilyn and Pam have visited the following over the last months.

1.Parma Hts. Library/Parma Monday at 9:30am

2. North Olmsted/John Knox Wednesday 10:00am

3. Lakewood Baptist/Lakewood Sunday 7:00pm

**And will visit** in the next month or so: (I cannot attend these Tuesday meetings due to my work schedule.)

1. Brunswick Tuesday 10am

2. Tallmadge Tuesday 7pm

3. Amherst Tuesday 7:30p

**My activity since my last report: (24)**

1. Akron Wednesday 7:30pm

2. Bedford Saturday 10:00am

3. Lakewood/Cove Monday 7:30pm (Ohio Day of Sharing committee met for last time before the big day!)

4. Lyndhurst Monday 1:30pm

**Our total TOTAL is 27** to date and we are more than half way through. We have 50 meetings in our IG.

I have experienced such recovery. I heard a lead in Akron from someone I have never met or heard before, and it was so fresh to be exposed to that. I felt rejuvenated. I read the Big Book in Bedford and what a powerful meeting it was. I saw old faces and my history in this program and was struck by how the words in The Book never get old. I related all over the place! I stayed abstinent that day but also affirmed my covenant with HP to live this way. Cove was different and exciting as new people sat around the circle hearing the solution for the first time. And Lyndhurst Monday, my old stompin' grounds. So good to be back.

**Region/World**: Both my committees are on hold. Our work is done for awhile. We are waiting for survey results and the Board to review literature. Ahhhh! Taking the break you bet!

**Ohio Day Of Sharing**: Wow. It was an *amazing* day for all. 60+ attendance and most stayed all day! We are compiling our evaluation results and should let you know at CCI. I hope the Geauga Day was as successful and we all stayed the course, had our minds opened, became willing and heard THE SOLUTION!

**CCI NEEDS:**

1. Voting Marilyn in for Treasurer we hope. PLEASE be at the August 20th CCI Meeting!

2. Committee Chairs: Communications & PI/PO

3. Secretary and Vice Chair come January 2018. Need to vote in November. Resume by October!

4. Webmaster come January, 2018. ASAP so new one can come on board January. Rick needs a break.

In abstinence,

Juliette, CCI Chair