

OA GUIDELINES



OA-Approved Literature List

■ Statement on Approved Literature (2012 World Service Business Conference)

“In accordance with our Traditions, we suggest that OA groups maintain unity and honor our Traditions by using, selling and displaying only approved books and pamphlets at their meetings. This includes OA Conference- and board-approved literature; AA Conference-approved books, booklets, and all future editions thereof, with original edition copyright 2010 or earlier; and locally produced OA literature. Locally produced literature must be developed according to the OA Guidelines for Locally Produced Literature, and should be used with the greatest discretion. Local literature should be considered temporary and discontinued when OA literature approved for general use is available to cover the topic.”

■ Statement on Literature That Is Not OA-Approved (1993 World Service Business Conference)

“It is the group conscience of the 1993 World Service Business Conference that the sale or display of literature other than OA-approved literature as described in WSBC Policy 1982b [replaced by 2012 Statement on Approved Literature above] is an implied endorsement of outside enterprises, and therefore is in violation with Tradition Six.”

■ OA Conference-approved literature list

This literature has been reviewed according to the procedures for granting the Conference Seal of Approval, and the Conference has agreed that the material has broad application to the Fellowship as a whole.

Books

Beyond Our Wildest Dreams
For Today
For Today Workbook
Overeaters Anonymous, Third Edition
The Twelve Steps and Twelve Traditions of Overeaters Anonymous
Twelve Step Workshop and Study Guide
Voices of Recovery
Voices of Recovery e-Workbook

Pamphlets

A Commitment to Abstinence
A Common Solution: Diversity and Recovery
A Guide for Sponsors
A Plan of Eating
A Program of Recovery
Before You Take That First Compulsive Bite, Remember
Black OA Members Share Their Experience, Strength and Hope
Dignity of Choice: Sample Plans of Eating
If God Spoke to OA
Maintaining a Healthy Weight

Many Symptoms, One Solution
Members in Relapse
OA Handbook for Members, Groups and Service Bodies
OA Members Come in All Sizes: Welcome, Whatever Your Problem with Food
Person to Person
Questions and Answers
Recovery Checklist
Sponsoring Through the Twelve Steps
The Tools of Recovery
The Twelve Traditions of Overeaters Anonymous
To the Family of the Compulsive Eater
To the Man Who Wants to Stop Compulsive Eating, Welcome
To the Newcomer
To the Teen
Welcome Back
What If I Don't Believe in "God"?

Wallet Cards

Just for Today
Pocket Reference for OA Members
Think First
Twelve Traditions Pocket Guide

(over)

■ OA Board-approved literature and materials

This literature is developed by a board or Conference committee and has been approved by the Board of Trustees.

Books: Abstinence Second Edition, A New Beginning, Lifeline Sampler, Seeking the Spiritual Path, The Twelve-Step Workbook of Overeaters Anonymous

Pamphlets and Other Materials

Anonymity
Archives
Focus on Anorexia and Bulimia Packet
Fourth-Step Inventory Guide
I Put My Hand in Yours (Red Book)
I Put My Hand in Yours pocket card
Meeting Formats
Milestone Recovery Coins
Newcomer Meeting Leader's Kit
New Group Starter Kit
OA Guidelines
"One Day at a Time" (wallet card)
Our Invitation to You (Red Book)
Sample Intergroup Bylaws
Service, Traditions and Concepts Manual
Twelfth-Step-Within Handbook
Welcome Back, We Care Packet

Public Information Materials

About OA (flyer)
Bulletin Board Attraction Card
Compulsive Overeating: An Inside View
Fifteen Questions (flyer)

Introducing OA to Health Care Professionals
Introducing OA to the Clergy
Is Food a Problem for You?
"Many Symptoms, The OA Solution" (TV PSA)
New-Prospect Card
Public Information Service Manual
Professional Outreach Manual
Professional Presentation Folder
Seventh Tradition of OA
"Start Living the Life You Deserve" (radio PSA)
To Parents and Concerned Adults (flyer)
To the Teen Questionnaire

Periodicals

Lifeline (subscription magazine)
A Step Ahead (quarterly newsletter)
Courier (annual newsletter)

Audiovisual

"And Now a Word from Our Founder" DVD
OA--It Works DVD
The Twelve Steps and Twelve Traditions of Overeaters
Anonymous CD
When to Say When

(For a complete list of all OA-approved items, go to bookstore.oa.org)

■ AA Conference-approved literature

Following is the complete list of AA literature that is also OA-approved.

AA Comes of Age
AA in Prison: Inmate to Inmate
Alcoholics Anonymous (Big Book)
As Bill Sees It
Came to Believe
Daily Reflections

Dr. Bob and the Good Oldtimers
Experience, Strength and Hope
Living Sober
Pass It On
Twelve Steps and Twelve Traditions

OA Board-Approved

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