



Click the Menu button to explore unique menus for each section of the website: Newcomers, Members, and Groups/Service Bodies.

No matter what your problem with food — compulsive overeating, under-eating, food addiction, anorexia, bulimia, binge eating, or overexercising — we have a solution.

Our website is now mobile friendly!

Here's what else you need to know:

With our new site, OA is ready to attract newcomers from around the globe and help strengthen recovery for compulsive overeaters and those with compulsive food behaviors.

The home page is for the still-suffering compulsive overeater, directing them to Find a Meeting and the Fifteen Questions.

Find a Meeting

Are you a compulsive eater?

The Members section supports program work with resources, information, and inspiration. This section also has pages dedicated to relapse prevention and recovery.

MEMBERS >

The Groups/Service Bodies Section supports OA Business so that we can easily find supporting documents and helpful guidelines to conduct meetings and other OA business.

GROUPS / SERVICE BODIES >

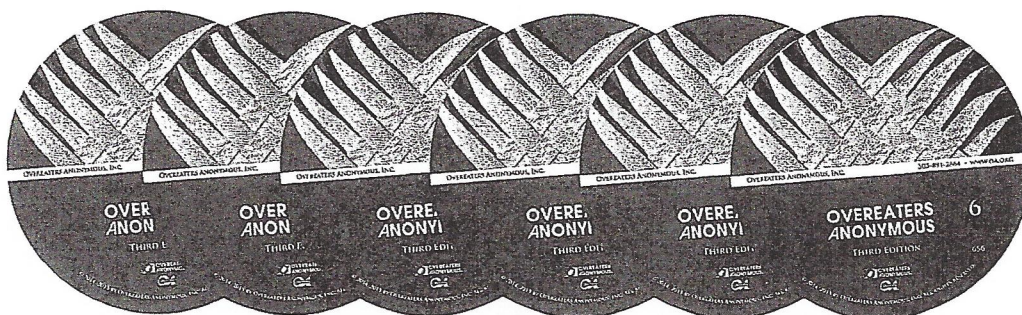
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New Audiobook!



Overeaters Anonymous, Third Edition

The new six-CD set and downloadable MP3 files feature forty never-before recorded stories of experience, strength, and hope, read by real OA members and digitally edited and mastered in a professional recording studio.

Plus, enjoy recordings of the following materials from the printed Third Edition:

- The all-new Foreword written by an eating disorder professional.
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- Classic OA texts, including “Rozanne’s Story,” Our Invitation to You, and all appendices from previous print editions.

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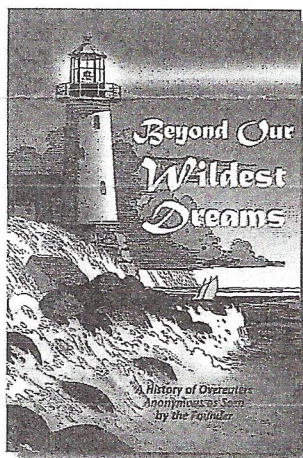
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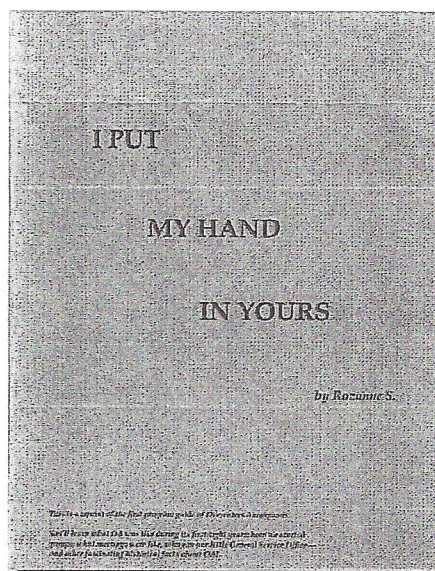
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Special pricing ends
June 1, 2016!



Narrated by
OA's late
founder,
Rozanne S.,
*Beyond Our
Wildest Dreams*
is the definitive
account of OA's
history and
development—
from the
moment one
compulsive

overeater came to recognize her
disease and discover the promises of
the Twelve Steps, through rapid growth
and change as OA began attracting
still-suffering compulsive eaters the
world over, and culminating with the
establishment of the world service
structure that supports OA to this day.



First
published
in 1968,
*I Put My
Hand in
Yours*, also
known as
the Red
Book, is the orig-
inal OA hand-
book, offering
the ear-

liest published description of the OA pro-
gram as well as guidelines for membership,
meetings, group service, Tools, Conference,
world service, and more.

ADD OFFICIAL OA HISTORY TO
YOUR LITERATURE COLLECTION
AND TO YOUR RECOVERY WITH
THIS SPECIALLY PRICED BUNDLE.

——— WSBC DELEGATES ———
Place your order before April 22, 2016,
to pick up your OA History Bundles
at World Service Business Conference.

*"I am grateful to understand how this program came to be and
how it evolved during its early years. The gratitude I feel for our
founders and original OA members is beyond description."*

—Jessica M., Shillington, Pennsylvania USA