



We are pleased to announce

## **SERVICE and MY RECOVERY**

Virtual Workshops for 2016



3-4pm ET (-5:00 GMT) Second Sunday each month

US phone bridge = 641-715-3818;

Pin Code = 925619#

Please join us .... Jan 10, Feb 14, Mar 13, Apr 10, May 8, June 12, July 10, Aug 14,  
Sept 11, Oct 9, Nov 13, & Dec 11.

**INCLUDED WILL BE TOPICS SUCH AS:**

- HOW SERVICE ENHANCES RECOVERY
- HOW TO ENCOURAGE SERVICE
- SERVICE AS A PRINCIPLE
- HOW WE CAN EXTEND THE HAND AND HEART OF OA

**This will be an interactive workshop - two speakers on the topic and members will be encouraged to share their own Experience Strength and Hope.**